

Live Free Adolescent Recovery

School Based Peer Recovery Model™ | Program Summary for School Districts

NH MTSS-B Alignment — All Three Tiers

The Live Free Adolescent Recovery School Based Peer Recovery Model™ is designed to operate within the NH MTSS-B framework across all three tiers — strengthening universal prevention, targeted intervention, and intensive support without adding clinical infrastructure to your district.

Tier 1 — Universal Prevention

The peer leader network strengthens school connectedness, reinforces positive behavioral norms, and promotes help-seeking across the full student population. Every student benefits — not just those already identified as at-risk.

Tier 2 — Targeted Intervention

Certified peer leaders identify students showing early signs of disengagement or behavioral health concerns and connect them to appropriate adult support through defined escalation protocols — before concerns require intensive intervention.

Tier 3 — Intensive Support

Certified staff trainers follow structured escalation procedures that connect high-risk students to counselors, behavioral health providers, and individualized intervention services. MLADC clinical oversight provides an additional layer of assessment and referral guidance.

Services Available to Your District

Every service is available independently. No required entry point. No minimum commitment. Districts start where it makes sense for them.

1 Standalone Clinical Consultation

On-call MLADC support for any NH school — no program enrollment required. Substance use assessment, 42 CFR Part 2 compliance guidance, staff coaching, and incident response.

2 Relational Infrastructure Training

A 3-hour professional development training for school staff on peer influence, early identification, and MTSS-B aligned student support. Available as a standalone offering to any NH school.

3 Staff Trainer Certification

A 6-module certification program for designated school staff. Certifies them to implement, supervise, and sustain the peer recovery program within their district. Required before peer leader training can be delivered.

4 Student Peer Leader Program

A 6-module peer leader training and certification curriculum delivered by your certified staff trainer to selected students. Peer leaders are trained connectors — not counselors — always under certified adult supervision.

5 Clinical Consultation Add-On

Ongoing MLADC clinical oversight for districts implementing the peer recovery program. Includes student assessment, trainer coaching, 42 CFR Part 2 compliance, documentation review, and crisis consultation.

Your District May Already Have Funding for This Program

The Promising Futures for NH grant — funded jointly by the NH Department of Education and NH DHHS Bureau of Drug and Alcohol Services — provides up to \$25,000 per district annually to implement substance misuse prevention strategies aligned with NH MTSS-B. The Live Free program is exactly what this grant is designed to fund.

What the grant requires	What Live Free provides
Substance misuse prevention, grades K–12	6-module peer leader curriculum with risk identification and escalation protocols throughout
Universal prevention strategies	Tier 1 school-wide peer leadership strengthening protective factors for all students
MTSS-B exploration or expansion	Program operates within all three MTSS-B tiers — Trainer Certification builds district capacity
District-level team mobilization	Trainer Certification creates a sustainable internal team — district-owned after certification

The grant is issued directly to your district — not to outside providers. Your district applies. Live Free is the program your application describes. The RFA opens each summer. Districts that connect with Live Free before the announcement are ready to apply the day it drops.

Currently implemented in: **Dover • Somersworth • Moultonborough**