

Live Free Adolescent Recovery School Based Peer Recovery Model™ NH DOE–Aligned Professional Development Overview

Purpose of Training

This 6-hour professional development training is designed to strengthen MTSS Tier 1 and Tier 2 implementation through structured peer leadership, early identification systems, and supervised referral pathways. The training supports school safety, student engagement, and documentation clarity while reducing reactive burden on counselors and administrators.

About the School Based Peer Recovery Model™

The Live Free School Based Peer Recovery Model™ is a structured, supervised peer leadership and early identification framework designed for middle and high school settings. The model trains selected student peer leaders within clearly defined boundaries to promote school connectedness, recognize early behavioral and emotional risk indicators, and refer concerns appropriately to designated school personnel.

Peer leaders are not counselors and do not provide clinical services. The model operates within established supervision, escalation, and documentation protocols to ensure safety, clarity of roles, and alignment with school policy. Its purpose is to strengthen Tier 1 and Tier 2 supports by creating structured peer-to-adult referral pathways within existing student services systems.

Learning Objectives

- Understand the foundations of structured peer leadership in school settings.
- Implement structured peer leadership within a supervised framework
- Strengthen early identification of behavioral and emotional risk indicators
- Apply clear escalation and referral protocols
- Utilize documentation systems aligned with school policy
- Develop an actionable school-specific implementation plan

Training Structure (6 Clock Hours)

- Foundations of the Peer Leader Model
- Legal, Ethical & Supervision Standards
- Risk Identification & Escalation Procedures
- Peer Leader Training & Facilitation Guidance
- Implementation Planning Workshop

Training Options

Level 1 – Implementation Certification (1 Day, 6 Hours)

Level 2 – Assisted Launch (6–12 Hours Total)

Ongoing Implementation Support Included

What Participants Receive

- 6 Professional Development Clock Hours
- Live Free Implementation Certification
- Structured implementation roadmap
- Documentation templates and supervision protocols
- Certification of completion and all implementation materials
- Access to implementation support resources

Facilitator Bio

Bob Faghan, MLADC, is the founder of Live Free Adolescent Recovery and currently works with multiple New Hampshire school districts to design and implement structured school-based peer leadership and early identification systems. He partnered with the University of New Hampshire Institute on Disability to implement peer programming at the school level, strengthening inclusive student leadership frameworks across educational settings.

Bob piloted the first school-based peer recovery group in New Hampshire at Dover High School, establishing a supervised model that integrates peer leadership with clear safety, escalation, and documentation protocols. He has presented on school-based peer recovery and adolescent behavioral health at two national conferences, four regional conferences, and one international conference.

This training reflects field-tested implementation experience across school and behavioral health settings and is designed to be practical, structured, and aligned with district-level priorities.