NH Youth in Recovery Face Many Risk Factors for Relapse...

% of NH 12th graders reporting in the past 30 days having used...*



Alcohol......39.3%



Marijuana.....33.9%



Vaping

Products......42.7%

.

% of NH 12th graders reporting that in the past year they...*



Were offered illegal drugs at school..18%



Thought that it was "very easy to access alcohol".....40%



Thought that it was "very easy to access marijuana".....**50.6**%

...Recovery Supports Can Set Them Up for Success

Alternative Peer Groups (APGs) support youth in recovery by offering...



Substance-free environment



Harm-reduction approach



Engaging group activities



Sense of belonging

Peer Support for creating connections **New Hampshire** Youth in Recovery



Creating Connections NH is building a community of recovery supports for youth who experience Substance Use Disorder (SUD) or SUD with co-occuring mental health disorders. The Creating Connections NH treatment and recovery model emphasizes evidencebased practices, a harm reduction approach, and access to Peer Recovery Supports throughout a young person's journey to wellness.



Alternative Peer Groups (APGs) offer young people a chance to connnect with peers in an environment that is safe, substance-free, and recovery-focused.

- APG Facilitators are trained recovery support professionals
- Youth help choose fun group activities that match their interests
- Youths' physical and emotional safety and privacy are a priority
- Opportunities for family/caregiver involvement

Connect with a Group in Your Area

Live Free Recovery | Newton | 603.702.2461

<u>livefreerecovery.com</u> | **f** <u>bobfaghanlivefreerecovery</u>

Seacoast Outright | Portsmouth/Dover | 603.552.5824

seacoastoutright.org | f OutrightPride